



## Spring Gala 7th Grade Donations

This year the Spring Gala Committee has given each grade a theme for a grand basket donation. After the gala, the basket with the most tickets will win a pizza party for the entire grade. The more you donate, the better the basket!!

Here is a list of donations we are collecting for your child's grade:

**Theme:** Health and Wellness Basket

**Items:**

1. Gift cards to a spa or massage center
2. Gym, cycling, yoga, or peloton membership
3. Gift cards to local Whole Foods, Wegmans
4. Self-improvement books/health magazine subscriptions
5. Supplements, juicers, smoothie makers
6. Workout gear or gift cards from luxury brands
7. Gift cards to chiropractor/acupuncture/mindfulness centers
8. Bath salts, moisturizers, essential oils, candles
9. Foam roller, massage ball, or heated neck wrap

If you have other items that will fit with the theme, feel free to donate those as well.

All physical donations can be given to Amy Dimes, [dimes.amy@gmail.com](mailto:dimes.amy@gmail.com) or text/call 732-233-9184 or Megan Mastropiero, [smmastropiero@gmail.com](mailto:smmastropiero@gmail.com) 732-977-9945 .

If you would prefer to make a monetary donation to go toward the purchase of theme items, please Venmo Amy @ Amy-Dimes-1 with your **child's name and grade for basket donation.**

Cash or check payable to COLTS NECK PTO in a labeled envelope with your child's name, grade, and **"GRADE BASKET DONATION"** will also be accepted.

Thank you for your generous support of our PTO.